

Short project outline

for a

Centre for Rehabilitation, Support and Inclusion (Rehabilitation Centre) with medical and therapeutic education and training in Pogradec, Albania

This outline is a short version of the full project outline comprising 17 pages.

This paper has been created to present the project.

The full outline in German language is available from our office at request.

Introduction

Since 1994 we have been making various contributions in emergency care, support and services for people in the aftermath of an accident, in illness, or with special needs as the NGO 'Emergency Care Albania' – 'Medizinische Nothilfe Albanien e.V.' (MNA).

MNA is a German organisation, which started taking on short term assignments in South East Albania 20 years ago.

To adequately honour our founding principle of help for self help, we founded the Albanian non-profit NGO 'Qendra Drita e Shpresës' – translation: 'Light of Hope Centre' – in 2009.

Then and now, our main motivation is to contribute to mending the medical, therapeutic and social gaps in Albania.

Based on our Christian worldview, we take on a responsibility to aid people in need, elderly people, sick people, and people with disabilities. We approach everyone with respect, appreciation, dignity and love – regardless of the individual person's religion, ethnicity, social status or political background.

In the course of the past 20 years, our support has changed more and more from immediate emergency care to sustainable help for self help. Thus, the various aspects of our work are now being channelled into grassroots long term projects.

To be able to offer good quality services organisationally, structurally and economically in the areas orthopaedics, physiotherapy, therapeutic day care for people with need for everyday care, medical and therapeutic training and education, as well as individual family care, we have decided to place everything under one roof, which will be referred to as 'Rehabilitation Centre'.

The Centre for Rehabilitation, Support and Inclusion (Rehabilitation Centre)

Today, in Albania's phase of restoration, it is time to found a centre for rehabilitation, support and inclusion as a pilot project, to educate and serve as a role model for further projects. In recent years, Albania has shown itself to be interested in and striving to achieve standards of the European Union. Our Rehabilitation Centre is intended to be a beacon, a strengthening factor and a pioneer. It serves the Albanian interest in reaching UN standards, and it serves the people affected.

We offer work methods which inspire others.

We set standards in individual interaction with patients, people with disabilities, and accident victims.

We offer grassroots training and education positions, so that Albania can experience a fundamental, nationwide change in its healthcare system.

It is our wish and aspiration, to support people who have had an accident, have an illness, or have a disability with mindful and clear steps in such a way, that their lives can change for the better. The intent is to provide people with an opportunity to lead an autonomous and socially respected life according to their individual ability.

A very basic principle for us in this transformation process is always the cultural, social, political and financial acceptance within Albania, and the possibilities intrinsic to the country.

Based on our aims, the following areas will be offered in our Rehabilitation Centre:

- Orthopaedics workshop
- Physiotherapy and massage practice
- Therapy and special needs area for people with disabilities
- Accessible work places for people with disabilities
- Training, education and adult education in medicine, therapy, nursing, therapeutic pedagogy and special needs education
- Individual and family counselling
- Public relations, speeches and conferences

For this, we intend to be proactive in our work at the Rehabilitation Centre. We want to make a sustainable contribution to fostering, within this group of people, a desire and an understanding for change within the Albanian health care system, inclusion, politics and society. Our long term intent, in the future, is for Albanians themselves to plan, develop and maintain a nationwide network of services for people in illness, with a disability, with special needs or recovering from an accident. In addition, we firmly support and strengthen a culture of interdisciplinary cooperation in Albania. Only once the disparate studies are able to start a dialogue on an equal footing, can a sensible and efficient support plan be developed in the interests and for the well-being of those seeking consultation.

A high quality education and training curriculum in Albanian language is a fundamental contribution to a nationwide network of various medical, therapeutic and therapeutic pedagogy services. It is vital to adapt this to the culture, finances and customs within the country, as well as strive for the Albanian government to officially recognise the education and adult education curricula.

It is our intent in the future to invest a great deal of energy and effort in this area. Step by step, we intend to develop and foster a plethora of education and adult education courses within the areas mentioned above. In accordance to our holistic approach, we will integrate the education and adult education curricula with theory and practice.

Cost

Cost of renovation/interior equipment	in total	<u>177.900 €</u>
Operating expenses	annually	<u>73.700 €</u>
Personnel expenses	annual personnel costs	<u>61.000 €</u>

Real estate acquisition (optional) Buildings with plots of land of various sizes. Prices between 650.000 € and 847.100 €.

Conclusion

Albania is a very poor country in the heart of Southern Europe, striving for European Union standards in courageous progress.

It is our conviction that richer donor countries have a responsibility to implement visible pilot projects as beacons in poorer recipient countries.

Every project which contributes to the social, economic, infrastructural and familial stability in the respective country is an important factor in strengthening interior and exterior peace, and contentment of the population as a whole.

Our projects in Albania serve this common European interest too.

By way of our education and adult education curricula (dual education system) in the Rehabilitation Centre, we invest into the future of Albania. This investment is an important basis for improving the infrastructure in the long term, and put a halt to the brain drain of trained personnel migrating to richer countries.

Our services for accident victims, patients and people with disabilities set a standard.

Suitable support measures in medicine, therapy and daily organisation, as well as accessible work places for people with disabilities, contribute to a basis for inclusion within the Albanian society.

It is our conviction that it is worth your and our energy and a great deal of effort to walk this path. We believe that the investment in the spirit of a unified Europe and in the interest of accident victims, people with disabilities, and people with illnesses in Albania is worth making, for humanitarian reasons.

We request your friendly support.

Balingen, 15.03.2014



Matthias Roller
(MNA Chairperson)



Donations

Medizinische Nothilfe Albanien e.V.
Evangelische Bank eG
IBAN: DE16 5206 0410 0006 4237 36
BIC: GENODEF1EK1 • Purpose „Reha-Zentrum“

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